

South African Powerlifting Federation

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2024 World Classic and Equipped Bench Press Championships – Manager's Report

South Africa sent two lifters to the World Classic and Equipped Bench Press Championships in Austin, Texas from 21 May − 1 June 2024.

Both lifters in Team SA competed in the Classic Bench Press event.

Overall Results

The full results can be found here: https://www.powerlifting.sport/championships/results/2024/world-opensub-juniors-juniors-masters-classic-equipped-bench-press-championships-2024

Detailed Results

Below are the detailed results for Team SA from the Classic Bench Press Championships:

| Name | Gender | Weight | Age Cat | Total | Medal | Records |
|----------------|--------|--------|-----------|---------|-----------------|----------------------|
| | | Cat | | | /Place | |
| Alex Collocott | Male | 74kg | Subjunior | 110.0kg | 4 th | |
| Farzana Botha | Female | 52kg | Open | 70.0kg | 5 th | Equalled her African |
| | | | _ | | | Open record |

Referees and Officials

Referees and Jury: Hannie Smith officiated as Chair of the IPF Technical Committee during the championship.

Heather Leighton (June 2024)

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